

# “Externalized 2023” by CFM

Thank you for purchasing this LP - great!

Welcome to the musical world of Trio's CFM! The present four pages are *not* intended to be operating instructions, instructions for use or package inserts for the present vinyl or LP and you as the listener of this artistic form of expression. Unfortunately, one could come up with such an idea in the 21st century, because as a citizen with business consent, one has to think carefully about every artistic statement (or expression) in advance from a legal point of view; compare satire & persiflage in text passages also on the present LP: "On risks and side effects ....", "non-binding", all non-party, without sect backgrounds exist for the present LP. Please just LISTEN and let your imagination run wild.

You may be wondering how the LP came about or what motivation and background contributed to this album. As always, when musical activities have existed for decades and individual personalities have come together for a project, three different approaches to music and tastes are also united "in one pot" = the LP "Externalized 2023". And so, starting in the last decade in particular, this "immenso-project" gradually brewed up: **timeless pieces of music** with very different, unclassifiable genres. The Corona restrictions gave the last boost, where a kind of musical magma chamber was blocked and now erupted at the turn of the year 2022-2023; a sound carrier was needed. **In the past, people simply met up in groups of friends to listen and listen to new LPs in their entirety.** Today you often have excuses or "allegedly no time"; you just don't take them! As well as when the XYZ calls duties in everyday life. Or after these years of introversion (among others due to corona) as well as worldwide aggressions by dictators and some self-absorbed, unrealistic <sup>3</sup>politicians against peace-loving people (citizens) and one only has music whose caricaturable <sup>3</sup>behavioural pattern remains as a way out of response. The words "make it clear" (instead of "clarify"), the citizen and his "duties", all sorts of "rejections" etc. are so often used. It doesn't make you nauseous and so it helps to **digest all this** in a quasi-therapeutic way or just set it to music to send acoustic waves back into the ether with an implemented meaning (concealed via music, specifically named via song lyrics) ... perhaps to the respective <sup>3</sup>author = song addressee.

A few additional background notes about the artistic work of Christian & Florian : Essential to the basis of the music has always been the musical compositions by Christian, who, strictly speaking, has been inspired by the rich sound of all kinds of synthesizers for ages; List: Crumar and others DS2, Yamaha DX7, \*Roland Jupiter4 (as well as various racks \*DSO, <sup>2</sup>Korg Wavestation etc.), the <sup>2</sup>PS-3100 (cf. legendary Vangelis -Synthi & pad sounds <> song 5 / page 1 of the LP). More recently, various workstations included up to <sup>2</sup>TRITORN Extreme (formerly Synthi from the Canadian group SAGA; Florian bought it by chance) or the flagship <sup>2</sup>KRONOS, which have stood out. A temporal development / metamorphosis in music over decades in a complete package.

That's how the first steps started at the end of the 1970s, when Christian and Florian lived as teenagers and fans of the slightly classic, symphonic rock-pop from Italy during the holiday season X weeks a year. These included sometimes the interpreters at times referred to as pizza pop, who can still be heard in Italo restaurants today. Some of the legendary musicians are still active worldwide, including Claudio Baglioni, Riccardo Cocciante, POOH, and Renato Zero . The deceased Film Music Oscar winner Ennio Morricone also deserves a special mention. We dedicated



a piece of music to him on his 80th birthday, and he responded positively with appreciation. Other stories about instrumental film/music pieces are described on the WEB.

Of special note: We started on November 26th, 1979 with an electronic organ (Crumar company) that included professional registers, two manuals, foot pedals, and Leslie - bought by our mother as a kind of indirect starting signal. She herself received piano training at the well-known Max Reger Institute. Incidentally, her aunt was one of the few conservatory graduates alongside a certain Anneliese Rothenberger (opera singer known on TV). With Christian & Florian "there was often music in the air"!

**Description of the theme melodies (or actually mood pictures) as well as "sound-melody-paintings":** Intuitive for the ears is something contrary to commercial two- to three-tone music started in 1982 with a published entry single; followed up with a MC/CD in 1985 and the LP in 1987. Much later, in 2012, came another CD; see [www.immenso-projects.eu](http://www.immenso-projects.eu) including the first song together with MAURICE. The French chanson level or power plant, which includes synth musicians such as J.-M. Jarre, SPACE, etc. are not overlooked, along with other influencers from English-speaking countries such as ELO, Genesis, Queen, Supertramp - all legends, who often performed almost LP-long ballads. From the very beginning, Christian and Florian's spontaneous musical works developed in an orchestral-symphonic way; sometimes like quick births and some pieces developed over X years. For this purpose, drum machines such as the \*TR808, EMU Drumulator etc. were often used without Simmons emulators. So it all started back in the days of tapes in the self-built recording studio and developed into the PC recording we present now.

**And that's how today's LP came about:** In the 2000s, Florian took over more and more as a sound inventor, arranger / producer, sound engineer, surround sound acoustician, which involved a pushing and bringing together a connection to MAURICE (<https://de-de.facebook.com/MauriceLoMonaco>). He is an international multilingual singer currently residing in Florida/USA. In the beginning Florian recorded his concerts live; around 2000 a first song project was created based on a musical composition "Stella al di la" by Christian with a text and interpreted melody on top (see "Ambient Italia" (CD)). In the summer of 2016, Maurice withdrew from recording sessions for about two days and several experimental songs were created, some of which have not yet been released: Excerpts from song 3 and 4 on LP side 1. I quote: "We still know today not what got into us". "If Man Only Knew" is so extraordinary that from three separate vocal/text interpretation versions (passages) and vocal passages (recording tracks) that were never sung to the song by Maurice, a multiple self-accompanying interpretation of the text mood emerged. Some vocal parts became "meaningful" cut and mixed in parallel, which gave the entire work a final increased sensitivity and was only possible through experimental mixing by Florian. Then something "crazy" or rather extraordinary was created for LP side 2: Song 2, in which Maurice sings "backwards" artificially and partially mixed together, sounding like an Indian chief lamenting about today's campfire in the North America indigenous "sounds" <-> listen / feel it and some words (cf. words "demon") including in the second part of the song : Instrumentally atmospheric, the Chief seems to get virtual cosmic feedback on his lamenting - imaginably building "sound - Aurora-Borealis" enhancing the song as a sound painting. One could imagine a Western film scene all too well here; see the example in the Western called "Little Big Man" and the chief who fills the film with his impressively wise statements.

**The LP " Externalized 2023" is supposed to be a kind of reflection** (or audio book or narrated song story) on today's, global difficulties, and war- heavy -aggressive times rife with refugee movements, human hardship, climate change etc. The soundtrack is like a kind of artistic music- film work because some of the songs have also been accompanied



by their own movies. That's why many music/singing interpretations should now be briefly described. This is something like the interpretation ideas behind the following songs, why these were suddenly selected from hundreds of partly finished songs in 2023 for the present LP project:

- The first piece "Intro Bubbles" on LP side 1 is a typical intro as a "sound melody bubble" warming up for a cozy, immersive listening pleasure, which suddenly ends in an instrumental piece of music for "current reasons".
- It follows in the story telling of LP side 1 song 2 called "AA A Ásýl" – why does one or the other ask such pointed words here?". Specifically, with a <sup>3</sup>text/phrase sequence, "We need workers but..."; well – just because of "current events": This song is supposed to be like a *pastiche*, but no political left/right attitude should be addressed/spoken out in today's turbulent and publicly polemical mood in Europe about immigration and asylum, which society in this country (DE) nearly bans. Not to mention that you can no longer tell the plight of the refugees who emigrate involuntarily from your own egomania; that is, from the perspective of how good we are. Furthermore, everyone remembers the current shortage of skilled workers, which goes beyond all professional parameters. With an "immigration arrogance" and "just pick the raisins" out, that no longer works and the well-trained immigrant delinquents immigrate to America or other EU countries, where it's simply easier than in Germany! Moreover, last decade, a former state secretary of a DE people's party came along and said the above-mentioned sentence in an evening talk show on public TV – is it still okay? Incidentally, it wasn't just here that a few tricks with voice falsifications and parallel track mixing were carried out; the digital effects make it possible.
- Song 3 of the first LP side, "If Man Only Knew", has already been addressed above; hmm, in other words (according to climate change, among others): "If people always knew what they were doing"! The demonstration "Fridays For Future" in September 2019 with suitable photos and film sequences, which Christian captured for the present piece of music at Florian's request (live in Munich at the time). And from this Florian then mixed a kind of cartoon film for "If Man Only knew"; everything as a symbiosis between Christian (ground music composition), Maurice (text & vocal interpretation) and Florian as arranger and artistic vocal mixer.
- "La Forza" or "La Forza e dentro." te ~" as song 4 / LP side 1, i.e. "the power is in you" should wake everyone up and simply positively motivate them to get creative and individual.
- Where do you get this energy or "La Forza" from? For example, from the inner and outer cosmos or "Spheren" or maybe from the somewhat ambivalent last song 5 of LP side 1 called "Spheres"? Yes, and this energy is not always in us every day, which is why the song is 5, sometimes in major or sometimes in minor, sometimes "introverting", sometimes extracting-powerfully sloshing; however tolerably it sloshes back and forth in real life, depending on one's state of mind.
- Let's continue with the LP side 2 with the song 1: "De-Generations", which in a **whispering musical chant context** takes on the compulsive, today's AI living conditions that almost every job or everyday life depends on: usually consisting of only one (smart) computer-aided computing unit or being coupled to the mobile phone which will tie us to AI in the future. The question is whether will we become "dependent avatars" who readily fall into depression when withdrawing from APPs and social media because we lack role models (especially among young people and young adults)? Isn't this abnormal or a "degeneration" (see ideals of beauty)? And finally, with the power off, would everything be gone (soul gone)? But please write panic, don't fret, but "relax" (see also song 3 / LP page 2).



- Getting back to song 2 of this LP side 2, called " **Chief's Lament** ". It has already been discussed above why and how (cf. Western film "Little Big Man") the whole thing here is so well in relation to the human madness of modern times and its consequences after; lamenting, as it were, by a wise Indian chief this LP fits.
- Maybe this is all very thoughtful and possibly heavy listening food to digest .... . "Not negative again" - NO! But, rather, maybe the LP music sequence as a whole helps to digest this better or even to process psychologically, what afflicts us so much every day on "Bad News" all day long. Excitingly, before the LP was released in February/March 2023, some " pre-listeners " said that the LP as a whole encourages people to want to tackle something creative themselves afterwards - gladly! Therefore, the upcoming song 3 of LP side 2, " **Don't Worry** ", is an invitation to really relax, to spread a positive mood; like when you lie down at a picnic in summer: to close your eyes, with the bees are buzzing around in the meadow, and while a light, warm breeze caresses your hair, etc.
- Pave a way out of some of the melancholic or negative moods in a very positive way = "externalize" <> like the last song 4 / LP side 2 called " **Swinging Lifelines** "; life swings back and forth, up and down, like a never-ending pendulum. It would also be nice if the THREE "CFM" had succeeded in doing this artistically: *Get out of reality, gather new strength and start life with a new motivation and new ideas!*

So - enough of the words, because we don't want to have too much pretense with the aforementioned description. But there are people who, in addition to listening, also want to learn more about the background. We thus also recommend going to our WEB pages and our social media, such as [www.immenso-projects.eu](http://www.immenso-projects.eu).

*EVERYONE is free to create their own image-head film sequences with our music - have fun listening to the harmonies, especially some of the song/lyric thoughts;*

*Sincerely,*

*Your three CFMs!*

